

Crystal Heart Community Training Standards and Code of Conduct

Created August 2017

All Crystal Heart Community Students and Graduates must sign a declaration that they have read, understood and will adhere to the CHC code of conduct. All content of the list below forms the Code of Conduct and forms the basis of the core curriculum.

As a Crystal Heart Community Crystal and Energy Healing Practitioner you must agree to adhere to the following guidelines and rules of practice

In response to a Crystal Healing Request from a Client:

•Evaluate the requests for crystals healing and if it is appropriate

Establish the client's requirements

Direct clients to alternative service providers if appropriate

Explain what crystal healing is, how it works and what the client can expect.

Explain possible outcomes and clearly outline charges and duration of sessions to the client.

Ensure that any fee structures, charges and methods of payment are clearly explained and understood.

Arrange a suitable time and location for the session

Record arrangements made for the assessment fully and accurately.

Evaluation of the Clients Needs:

Present a professional appearance and be prepared and fit to carry out the assessment

Evaluate the client's initial approach and manner to evaluate their needs.

Communicate effectively verbally and non verbally and in a manner that maintains client goodwill, trust, respect and confidentiality.

Explain the nature, scope and duration of the session.

Inform the client of the records to be made and their right of access to these

Encourage the client to ask questions and express any concerns about the session

Confirm the consent of the client and ask them to fill in the consultation form

Always check for contraindications to crystal and energy healing

If there are contraindications, justify these in a sensitive manner to the client

Ensure that the interaction with any companion or guardian is appropriate to the needs of the client and yourself

Ensure the client is as comfortable as possible

Refer to an appropriate source if it is apparent that the client's needs are beyond your field of expertise.

Stop the session at the request of the Client should it become clear that the session is inappropriate for the client's needs.

Explain possible outcomes of the session clearly and in a manner and level which is appropriate to the client

Create and maintain records in line with professional and legal requirements.

Providing Crystal Healing

Ensure that the treatment environment is appropriate for the client and their needs.

Ensure that all equipment, materials, and the surrounding work area meet professional codes of practice

Make sure you are fully energetically prepared to work

Make the client comfortable and proceed with a suitable and agreed relaxation procedure

When the client is relaxed, assess their energy field and select appropriate techniques and crystals.

Carry out safely and correctly the methods of crystal and energy healing chosen.

Be prepared to adjust techniques and crystals according to the clients needs.

Stay tuned into the client at all times.

Deal effectively with responses to the treatment.

Ensure the physical and energetic safety of the client throughout.

Give any assurance to the client as appropriate.

Pay attention to the protection and maintenance of the Client's energy field, with emphasis on clearing and ensuring safe and adequate grounding.

Make sure that the Client is in full conscious awareness and grounded at the end of the session.

Give appropriate aftercare advice and provide a document detailing these, include self care procedures, healing crisis and where and when they may contact you should they need to, paying attention to your own boundaries.

Concluding a Crystal Healing Session

Agree further crystal healing requirements with the client.

Encourage clients to take responsibility for their own health, effective functioning and well-being.

Obtain the client's consent to pass on confidential information if appropriate.

Ensure the client is fit to travel before they leave the premises

Write the necessary information on your consultation form, including how the client felt before the session, what they required from the session, what you did, crystals and techniques used and how they felt afterwards. Include any recommendations of self-care you advised to the Client, including use of crystals etc

You must not:

Give nutritional or medical advice to a Client unless you are qualified to do so.

Suggest that a Client stops taking prescribed medicine.

Interfere with or prevent the application of allopathic medicine whilst treating a Client in hospital or hospice or care home environment.

Be dismissive of qualified medical healthcare practitioners.

Diagnose or attempt to give any medical advice whatsoever.

Claim to be able to cure any acute or chronic ailments or disease.

Treating Animals:

Do not treat any animal with crystal healing unless you have been given full permission to do so by the owner.

Do not give nutritional or medical advice on the care of any animal unless you are a qualified veterinary practitioner.

Treating Children:

It is not usually necessary to treat any children under the age of eight years old.

Seek further advice from a health care professional if you are concerned or feel that the requests to carry out crystal healing are inappropriate and communicate this with sensitivity to the child's parent/guardian.

Ensure that a parent/guardian is present at all times during consultation and treatment session for children under the age of 16.

Keep the session shorter than usual, children respond more quickly to energy healing than adults.

Make sure you explain everything to the child in a manner they will understand and that you communicate appropriately during and after the session to the parent/guardian.

Incorporating other therapies into your Crystal and Energy Healing

Sessions:

If you use crystal and energy healing as part of another mode of healing, I.e massage, reflexology, reiki healing etc etc - please make sure that your Client is fully aware of what they are receiving. Explain to the Client what session they are receiving appropriately and adequately prior to commencement.

DO NOT CARRY OUT MEDIUMSHIP UNLESS THE CLIENT HAS REQUESTED THIS AND YOU HAVE AGREED TO THIS PRIOR TO THE TREATMENT AND THEN ONLY IF YOU ARE QUALIFIED TO DO SO.

NEVER GIVE DISTANCE HEALING UNLESS YOU ARE GIVEN PERMISSION TO DO SO

Conduct your professional practice appropriately without discrimination to Clients in respect to sex, race, social status, religious persuasion.

Adhere to and maintain Safety and Hygiene regulations in the work place at all times.

I agree to adhere to the above Code of Conduct as a Student and Graduate of

Crystal Heart Community _____ date _____