

## **What you will need for this course:**

You may want to do the course entirely online. Therefore you will need to download the information and keep it in a file on your computer. You can download all the mp3s and videos and store them in this file also. Please make sure you back it all up though.!

You can type up all your notes and send me a copy of them.

OR

You may wish to print out all the written information here and keep it in a file that you can look at and categorise module by module.

All homework tasks for each module must be sent to me via email to [Gwyneth@crystalheart.org.uk](mailto:Gwyneth@crystalheart.org.uk) or [robbins.gwyneth@gmail.com](mailto:robbins.gwyneth@gmail.com)

You will of course need to collect crystals and materials for your own healing practice.

## **Your Crystals**

I recommend that you collect the crystals you need for each module as you come to them. That way you wont be distracted and will be focused on the energies you are currently working with.