

Activating Crystals

After we have cleansed and charged our crystals we may want to activate an intention for our crystal. This is particularly useful if you are using a new crystal for meditation or healing purposes. Activating means that you are affirming with the crystal your intention for its use. Of course you will hopefully have chosen your crystal specifically for this purpose. Activating a crystal is not something you have to do all the time but something that is good when you acquire a new crystal, especially if you are going to use it for healing, meditation or to place on your altar.

Activating may simply be placing your dominant hand over the crystal and with your healing energy, intending that the crystal be used for positive use (healing, meditation, clarity, abundance, love etc) Or just rubbing your crystal with your thumb.

Another method is to place your crystal under a copper pyramid or place it on a ley line or other powerful earth energy point and leave it there for a while - power it up with words and thoughts of love, peace, joy, truth etc. You could write these on paper and place them underneath your crystal.

Dedicating Crystals

Taking it one step further - perhaps for crystals for a very special use - you may wish to dedicate them with a special prayer asking that they are used for the highest good. You may call upon God, Goddess, Angels, spirit guides, elementals to help you with your intentions. You may wish to light a candle whilst you do this to add focus to your intentions.

Programming Crystals

Quartz crystal holds information. It's contained within our computers, watches, lasers. Crystals hold the memories of Mother Earth. Some people believe that it is OK to intentionally strip crystals of their memory so that they can be re-booted and re-programmed. I believe this is unethical and wrong. If we choose our crystals for a particular purpose and intent there is no need to 'programm' a crystal with anything other than our positive love and appreciation for it.