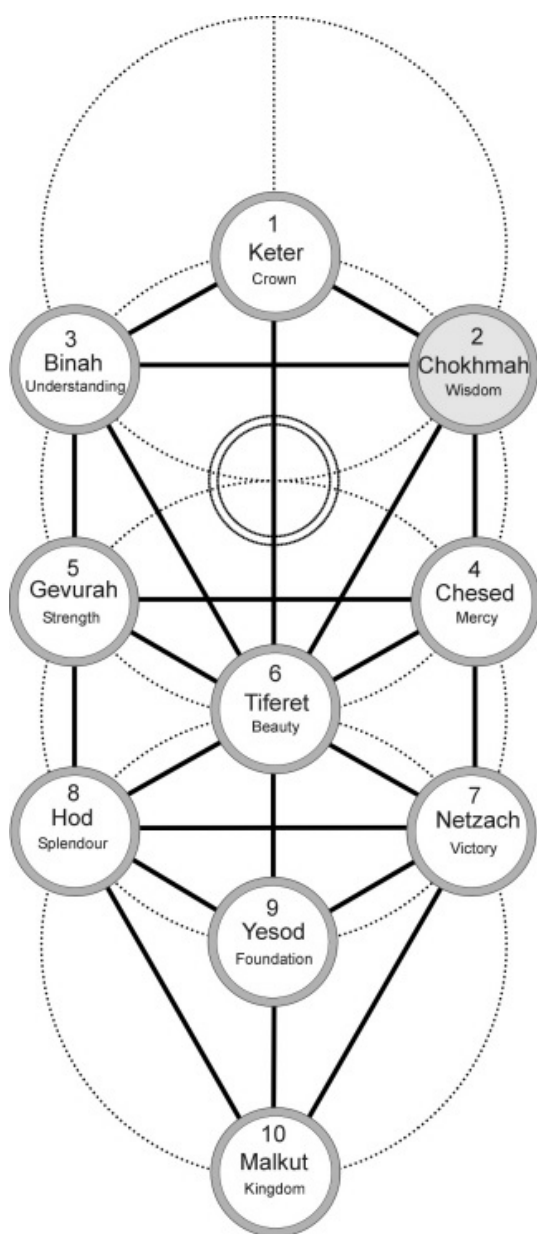


## Grids, Nets and Sacred Geometry

Throughout history, philosophers, alchemists and religious leaders have professed the mystery and power of sacred geometry and the use of numbers. For example, the four sided pyramids being a power house to the cosmos and a link of communication with the star beings. Another example are the many labyrinths scattered all around the world that may use three, five, seven, nine or even 15 pathways to the centre. Labyrinths which use seven pathways resonate well with the seven chakras of the body. There is no doubt that, both of these configurations hold considerable mystery and transformative power. Other sacred geometrical configurations are the Tree of Life - the Kabbalah. See below.



Colin Low 2009

Circles are associated with the never-ending cycles of birth, life and death. Within the labyrinth itself there is no real beginning or end, we spiral inwards and outwards, like the cycles of life - spiralling outwards as the days get longer in the summer, spiralling inwards as the days get shorter in the winter. We spiral outwards from birth until we reach the age of 40 then begin to spiral back inwards towards wisdom and transition. Circles are also part of the continuous flow of microcosmic energy through our bodies as you already know following the downwards flow of energy from the crown through the front of the body and from the earth up the back of the body. It is a circuit of energy.

Numbers and their power are extremely significant. We can make up configurations or grids around the body with crystals which hold the power of that number forming a special pattern of energy. We'll look at these individually.

Two - Alignment and balance. We can place two crystals one above the head and one beneath the feet therefore creating alignment through the body and chakras. Creating connection between soul star and earth star. We can also place a crystal in each hand creating a balance across the body either side of the heart.

Three - The number of creation. We can use a crystal grid of three either two either side the persons head and one between the feet or the other way up. We are either creating a flow of energy pointing downwards or upwards like an arrow. Connection to Earth or Divine.

Four - Four is a stable number of structure, form and manifestation and also protection. It is security and safety.

Five - The five pointed star is a very interesting configuration. It is the symbol of humanity and also of the Goddess. It is symbol of change, of breaking out of the structure of the four, breaking out of old ways and form. This can be formed by either placing a crystal above the head and then two sets of crystals either side of the body. Or even four crystals around the body and a fifth crystal on one of the chakras I.e the heart, or whichever is intuitively right.

Six - The star of David - most often used in crystal healing, we are balancing both the divine and earthly energies together in the body, joining and centring at the heart. The star of david is the symbol for the heart chakra. It is in this space of being totally grounded within the body, balanced in the heart that we can look upwards towards the divine and connect to that essence of pure creation and begin to bring it down into manifestation. In fact 6 is the number of manifestation of our divine self on earth through the heart - which is what we are striving to always be and work with as Crystal and Energy Healers.

Seven - We can create the grid of seven with crystals by using the star of david and then placing another crystal on one of the chakras. This connects us to the divine mystery of Source bringing a sense of inspiration. Try this for yourself. A good meditation grid.

Eight - You have already seen and felt the power of eight when you have used the infinity signs during healing. As above, so below in perfect cycles and circles. A mirror of heaven and earth in perfect harmony. We can create this configuration using one crystal above the head, one below the feet and then three sets either side of the body.

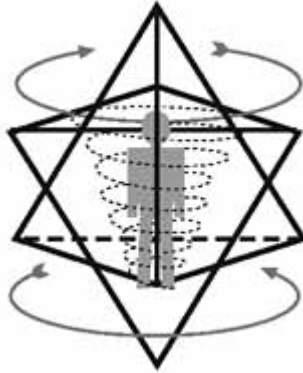
Nine - Nine is a number of completion and also reflection. Nine is often the completion of a cycle of learning and we can integrate this learning within the heart by creating the eight configuration and adding another crystal to the heart chakra therefore creating the 9.

Ten, Eleven and Twelve - You can just keep on adding crystals if you wish to - eleven is special and is a gateway. Ten is the power of 5 plus 5 and a New beginning on a higher spiritual level. Twelve is 6 plus 6 - 12 strands of DNA, 12 chakras, 12 layers of the aura etc etc

Creating grids and nets around a client is powerful. Try different grids for yourself and begin using them with your case studies.

There is no rule as to when to lay the grid, you may feel guided to begin with a grid or to introduce a grid later in the healing. You may even use two grids at the same time. For instance you might place 4 rose quartz at the corners of your couch but use an amethyst grid of 5 within that. The more space you have, the better, working on the floor is good.

The Merkaba - Also spelled Merkabah - is the divine light vehicle used by ascended masters to connect with and reach those in tune with the higher realms. Mer means Light and Kar means Spirit. Ba means Body. Mer-ka-ba means the spirit/body surrounded by counter rotating fields of Light (wheels within wheels) spirals of energy as in DNA which transports spirit/body from one dimension to another. You will find many crystals are shaped like merkabas and form part of the set of platonic solids which you will also find as crystals to be used specifically as sacred geometry.



The Flower of Life is the modern name given to a geometrical figure composed of multiple evenly spaced overlapping circles that are arranged so that they form a flower like pattern with a six fold symmetry like a hexagon. The centre of each circle is on the circumference of six surrounding circles of the same diameter.

