

Bio – Photons

Over the years there has been a lot of speculation about how crystal healing works and how we gain energy transference when we work with crystals or plants or homeopathic remedies.

One theory is that because every solid matter resonates at a certain vibration, that vibration is memorized in our body through the water content. There have been many studies done by scientists on how memory is stored in water, the most famous by Dr Emoto. This may certainly be how homeopathic remedies work as they contain such small trace memory signatures of the original matter they come from and these signatures work through the body's tissues and into the cells via water/moisture.

The discovery of biophotons has been recently put forward as the means by which we can communicate with crystals and plants. When we engage our heart energy and create a line of entrainment between our heart and our brain, we are fully connecting our 'feeling' energy. Within the nucleus of our cells are particles of light and when we use this method of communicating via entrainment from the heart, these particles of light, or biophotons become brighter and begin to line up forming a beam of light. So energy travels through our cells via light beams.

We are all essentially beings of light and as we evolve spiritually it is becoming even more clear that we can communicate via these light beams directly through our hearts. Hence when we are sensing a crystal, it is vital that we open our feeling heart energy to the crystal so activating these beams of light to travel to the crystal. The crystal vibration itself then returns to us via its own biophotons. What a lovely way to relate to the crystals!